



# Wellness Offers

All Wellness applications include a refreshing face towel, a cleansing footbath in flowers, shower foam, body lotion, fruit plate and ginger tea. All of the prices following below are inclusive prices! Subject to change

<b>Traditional Balinese Massage</b>	<b>ca. 60 min.</b>	<b>€ 26</b>
<p>The Ayurvedic oil massage combines several techniques. A soft massage of the connective tissue combined with elements of acupressure causing deep relaxation and helping to purify your body. This grants harmony to your body and soul.</p>		
<b>Four-handed Synchronous Massage</b>	<b>ca. 60 min.</b>	<b>€ 39</b>
<p>Experience a special art of Ayurvedic massage. In this relaxing massage you will be synchronously spoilt by 2 masseuses along the symmetry of your body with pleasantly warm oil. The flow of energy in your body is activated by stimulating the deeper layers of your connective tissue. Give your body a treat.</p>		
<b>Indonesian Urut Massage</b>	<b>ca. 60 min.</b>	<b>€ 26</b>
<p>In this vividly medical type of application the masseuse uses her knuckles, forearms and elbows. Muscle tension is dissolved, the lymphatic system is cleansed and your blood circulation will be stimulated. This guarantees a perfect relief to your body and soul.</p>		
<b>Hot Stone Massage</b>	<b>ca. 60 min.</b>	<b>€ 28</b>
<p>In order to bring body and soul into balance, heated stones are placed on your energy centers. With the oiled heat retaining stones the body is massaged with the help of soothing strokes. The Hot Stone massage leads to a deep relaxation of your body.</p>		
<b>Teluk Karang Massage</b>	<b>ca. 60 min.</b>	<b>€ 26</b>
<p>This massage combines typical elements of the traditional Balinese connective tissue with applications which have their origin in Javanese massage techniques.</p>		

<b>Head Massage and Facial Treatment</b>	<b>ca. 90 min.</b>	<b>€ 38</b>
<p>A relaxing head, face and neck massage is followed by a thorough cleaning and a gentle exfoliation of the skin. During a short rest a nourishing facial mask is prepared. The active ingredients of the applied mask can then move deep into your skin.</p>		
<b>Head and Back Massage</b>	<b>ca. 60 min.</b>	<b>€ 26</b>
<p>During a soothing massage of various areas of your head, neck and forehead including various elements of acupressure the blood circulation is gently stimulated. The massage of you back also loosens tension in deeper musculature. This is the ideal application at the beginning of your holiday.</p>		
<b>Dream of Bali</b>	<b>ca. 150 min.</b>	<b>€ 54</b>
<p>The queen of all applications. A full body massage includes an intense head and face massage. After a cleansing Lulur scrub your body is nourished with some yogurt lotion. A relaxing flower bath completes a truly divine "dream of Bali".</p>		
<b>Body Scrub Lulur</b>	<b>ca. 120 min.</b>	<b>€ 43</b>
<p>Lulur is a traditional ritual of relaxation and grooming which has its origin on the island of Java. Following a traditional massage the body is rubbed with a special exfoliating paste. After peeling, showers and a yogurt-care package you will enjoy a final flower bath.</p>		
<b>Flower and Aromatic Bath</b>	<b>ca. 20 min.</b>	<b>€ 14</b>
<p>A warm floral or herbal bath may accomplish true relaxation miracles. Enjoy the fragrance that spreads slowly, close your eyes and relax.</p>		